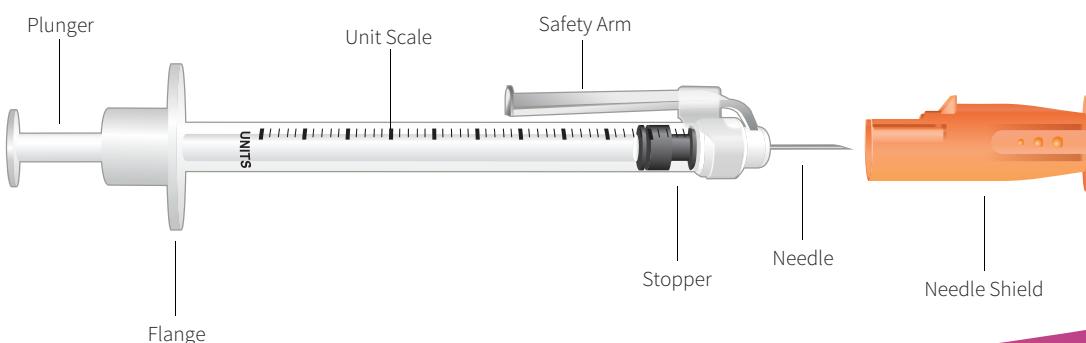
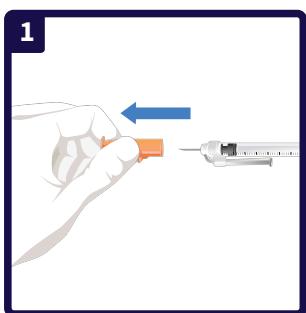


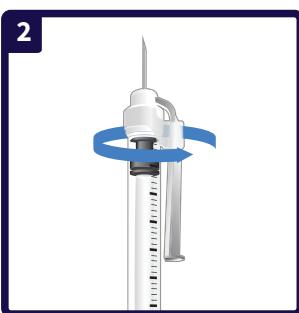
# BD SafetyGlide Insulin Syringe™



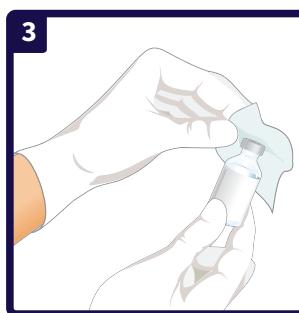
## How to Inject with BD SafetyGlide™ Insulin Syringe



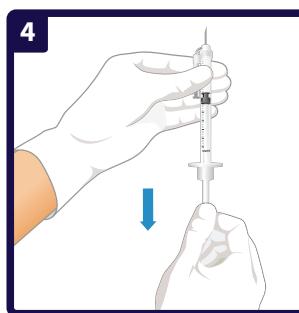
Remove the orange needle shield.



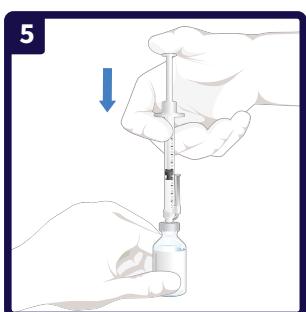
Rotate the safety arm to ensure the unit scale is visible.



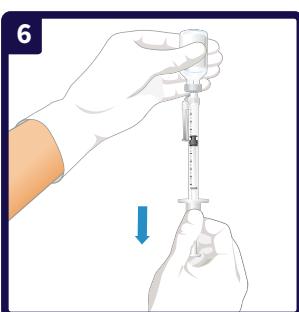
Wipe the vial with an alcohol swab.



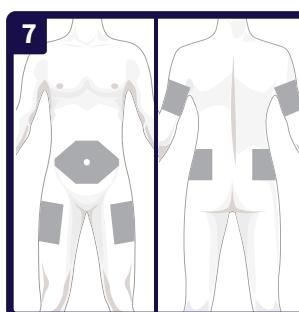
Pull the plunger down to draw air into the syringe, equal to the amount of insulin to be given.



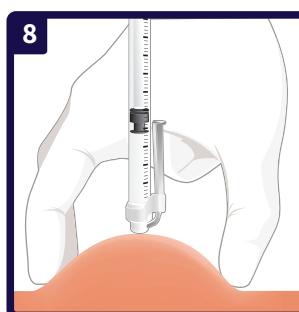
Puncture the center of the vial at a 90-degree angle, push the plunger down to inject the air.



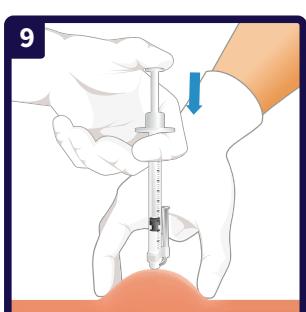
Turn the vial upside down and draw the desired amount of insulin ensuring no air bubbles are present.\*



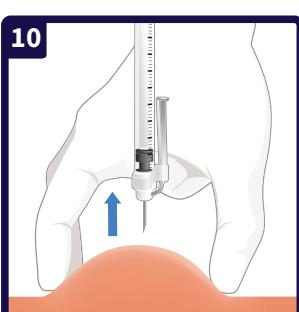
Choose the injection site and disinfect the skin.



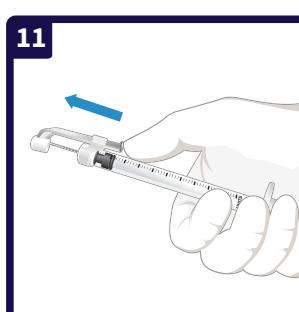
Gently lift a skinfold. Insert the needle at a 90-degree angle to the surface of the skinfold.<sup>1</sup>



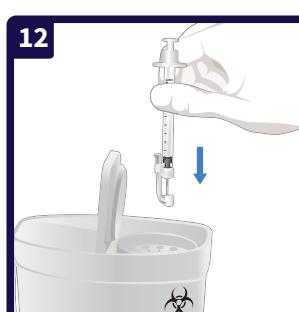
Press the plunger slowly and steadily until the insulin is fully injected.



Withdraw the needle from the skin while maintaining a 90-degree angle. Release the skinfold.



Immediately activate the safety mechanism by moving the safety arm completely forward.



Discard the used syringe in an approved sharps container.

\* If air bubbles appear in the syringe, push the plunger up, injecting insulin back into the vial and redraw insulin to the desired number of units.

1. Frid AH, Kreugel G, Grassi G, et al. New insulin delivery recommendations. Mayo Clin Proc. 2016;91(9):1231-1255.